

B.-FIT Rates

Service	Range
Personal Training	\$45.00-\$100.00
Corporate Fitness	\$50.00-\$100.00
Massage Therapy	\$45.00-\$100.00
Classes	\$10.00-\$35.00

*B. -FIT rates range based off of student discounts, senior citizen discounts, in-home training, or type of massage/class. Please call for further details.